Principal’s Message

Congratulations to our latest Star Badge recipients!

LNC Cross Country
We wish our runners who have qualified to participate in the LNC Cross Country all the best of luck as they compete on Friday of this week. I remind that parents need to transport their children who are competing to the Kempsey Racecourse.

ART Competition
Our ART Competition was launched on Friday. Entry forms have been sent home. Children are allowed to enter as many times as they like. Each entry is $1 and needs to be on the entry form. Closing date is 17th June.

Kids in the Kitchen and Kids in the Garden
Kids in the Kitchen aims to provide students the opportunity to develop cooking skills and a better understanding that healthy food is easy to prepare and cook.

Tracey Ruthven volunteers her time on Tuesdays of every alternate week.

Mr and Mrs Wanstall generously support our school through the many hours spent in our vegetable garden. Last week they were supported by Bunnings employees who provided our school with generous donations of seedlings and other garden supplies. The students involved in the cooking program also work in the veggie garden on alternate weeks on Wednesdays. We appreciate the great work of these volunteers.

NAIDOC DAY
This year the theme for NAIDOC Day is We All Stand on Sacred Ground: Learn, Respect, Celebrate.

Please save the date WEDNESDAY 24th JUNE and join us for a day of learning more about our Aboriginal culture. Uncle Rhys Waite, who played his didgeridoo last year, will again work with Aunty Lena as one activity, and our Aboriginal artist Elwyn Toby will provide another art workshop, where we will begin our first panel for the Yarning Circle. We have also ordered some more “bush tucker” plants to plant near the Yarning Circle and in our orchard.

National Simultaneous Read
Our school will again participate in this national literacy activity on Wednesday this week. The book we are all reading is “The Brothers Quibble”.

Also on the weekend I bumped into this guy and he asked me to say G’day to the students of Frederickton PS from him and the Blues team. We discussed the plan for the upcoming Origin series and he liked my plan which I suggested to him ie that it would be a good idea to win again.

Mrs Debbie Bradshaw
Principal

News for O Class
Our text this week is “Alexander and the Terrible, Horrible, No Good, Very Bad Day” by Judith Viorst.

This week we will be continuing with division and volume and capacity.

The students had a great time at our NRL Skills workshop today and are looking forward to our final workshop next week when they get given a book to share at home with their families.

Please remember to wear your joggers for this.
**KD News**
It was excellent to see so many kinder families at the assembly on Friday. I hope you enjoyed their first performance on our stage. Some of the children told me it was "a bit scary".

I hope everyone got the green sound work and the homework last week - if not just let me know and I can send you another one. At the end of the week, I found songs and homework that had become buried under other items.

Congratulations to our newest star badge recipients. Their families also help them achieve these badges - when making a decision I look at a number of factors; including attendance, reading nightly, application to homework and attitude towards their work at school, as well as whether they follow the 3B's or not. Thank you to all those parents who make all these things possible for their child. Being a parent is not an easy job.

**Cross Country**
Congratulations to the 26 students who will represent our school and the Macleay at the Lower North Coast Cross Country this Friday 29th May at the Kempsey Race Course. Mrs Henderson, Mrs Felten and Mr Donato will be there to help and to supervise. Remember parents are responsible for transporting your child to and from the race course. Notes and money are due back to the office no later than Wednesday 27th May.

Cross country training for these students only - Monday, Tuesday & Wednesday this week – return the note if your child will be participating in the training.

**Playgroup**
Fredo playgroup is run every Monday morning at Frederickton School in the school hall. NO COST. Time: 9.30am – 11.00am

What to bring: just something for morning tea

We would love to see you

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**Our Star Badge Recipients**

**Rock Star Award** in the canteen. Students who order something new and fresh off the blackboard will be in the running to receive a canteen voucher to be used the following week off the blackboard menu. Last week’s winner was JAKOB COLLINS.

Jakob, please see Tracey in the Canteen.
NATIONAL SIMULTANEOUS STORYTIME
On Wednesday we will again be participating in Nation Simultaneous Storytime (NSS) along with many other schools throughout Australia. NSS is an annual campaign that aims to encourage more young Australians to read and enjoy books. The event also aims to promote the value of reading and literacy using an Australian children’s book that explores age appropriate themes and addresses key learning areas of the NSW Curriculum for K-6 students.

Every year a picture book, written and illustrated by an Australian author and illustrator is read simultaneously in libraries and schools and many other places around the country. This year the book being shared is The Brothers Quibble by Aaron Blabey.

Frederickton students will participate in the reading of the book on-line and will be able to enjoy some great supporting activities. Show your interest in reading by asking your child about the book, for instance what happens in it and what they liked about it.

PREMIER’S READING CHALLENGE
I am absolutely staggered by the commitment of some of our Frederickton students to the Premier’s Reading Challenge given that they have until 21st August to complete it. Last week I mentioned that several students were close to completing their challenge level (30 books for K-2 and 20 books for Years 3-4 and Years 5-6). This week I can report that quite a few have now finished and need to be congratulated! However, the first to complete the challenge was Aaliyah Hurley of 2/3W who was later presented with a book by Mrs Bradshaw.

Also completing the challenge last week were:
- 2/3W: Grace Clarke, Courtney Minns and Sophie Brandolini
- 3/4R: Keira Morn (1st in class), Hayden Carter, Fiona Saul, Oshiarna Madden
- 4/5A: Lucy Bruce-Smith

Students who are on the home stretch are:
2/3W Class: Kirsten Morn, Danielle Bubb-Edwards, Laycee Cooper, Chyiane Martin, Zahkaylah Lane, Khiaarn Allen-Gray, Chloe Donnelly and Rylan Mottee.
3/4R Class: Eden Bennett, Byron Cooper, Emily Bevan, Billie-Jo Smith, Peter McElroy, Connor Crockford, Nicole Bisnar and Caitlin Dark.
4/5A Class: Claire Haywood, Khayl Doherty and Emma Kerr.

Thank you to all the students who have remembered to return their books - your efforts are much appreciated.

Mrs Evans

OOSH News
Fredo OOSH has vacancies for both morning (7.00am – 9.30am) and after school care (3.00pm – 6.00pm) if you would like to book your child/ren into OOSH or make an enquiry please feel free to contact Kate on 0447626387.

Canteen Special This Week – Chicken, Tarragon & Corn Tart & Chicken Noodle Soup
Chicken Tart with salad $5.50, Chicken Tart only $2.50, Small Chicken Soup $2.50, Large Chicken Soup $4

Canteen Special This Week
Chicken, Tarragon & Corn Tart & Chicken Noodle Soup

Canteen Special This Week
Chicken, Tarragon & Corn Tart & Chicken Noodle Soup
**LUNCHTIME ACTIVITIES AT FREDERICKTON PUBLIC**

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**FIRE AND RESCUE NSW – OPEN DAY 2015**

Fire and Rescue NSW is hosting its annual Fire Station Open Day on Saturday 30th May 2015 between 10.00am and 2.00pm. Children and their parents are invited to watch fire safety demonstrations, hop aboard our station’s fire truck, hold a fire hose and chat with firefighters about what they do.

This is a fantastic opportunity for children and their parents to meet their local firefighters and with winter just around the corner, which is the worst time of the year for house fires, this is a great opportunity to learn as much as you can about home fire safety.

KEMPSEY
To celebrate Mother’s Day
We are giving ALL Mums & Grandmothers
2 WEEKS FREE
Simply mention this ad!!
65622884
Valid until 31 May, 2015

Frederickton Australian Art Competition

Entry $1
Entries Close 17th June 2015

See Miss Oram for details

Rewarding Children

Take care when using food as a reward for children. This encourages children to eat when they are not hungry and can develop a habit of using food to feel good.

Other ideas for rewards include:
* Sticker or star chart
* Give praise
* Small presents e.g. bouncy balls, stationary, pens
* $2 to spend at a novelty store
* Family outing

For more information and ideas go to:
www.healthykids.nsw.gov.au