**Principal’s Message………………………….**

Swimming Carnival
We had a great day last Thursday at our annual swimming carnival at Kempsey pool. I was so pleased with the great behaviour that our students demonstrated all day. Well done! Thank you for the great support that our parents and families showed through your attendance and willingness to assist with the many jobs that are so important at a swimming carnival. There were many highlights achieved by our students including Joel achieving a PB (personal best) in his 50m swim, Khiarn, Tyrelle, Chyia and Zahkylah swimming in almost every 8 year old event in their first swimming carnival, and Emma entering the pool last in the relay and then swimming into second place just to name a few! Special thanks go to Lachlan who steadfastly delivered the results of every race to the timekeeper’s box. Well done Lachlan!

Congratulations also to the new sports captains and vice captains for being voted into these positions and for the great work they did at the carnival.

Voluntary Contributions
Our school’s voluntary contribution has been set at $44 per FAMILY, which is merely $11 per term per family. Most schools in NSW participate in the Voluntary School Contributions scheme, the minimum contributions are recommended to be $44 per child (2014).

We want to provide the best possible education for your children and hope that all families at our school can make contributions to help us achieve this goal. The School Contribution helps cover the cost of many items which are used daily by every child. These include items such as library books, computers, mathematics materials, art equipment and to subsidise the increasing costs of bus transport to excursions.

It would be great if families could send this in during termone.

P&C Meeting
Our first P&C meeting will be held TONIGHT at 6.00pm. Weather permitting we will hold this meeting in our new yarning circle at the top of the driveway or in the library! All members of our school community are welcome to attend.

**Permanent Classes**
All classes are now as they will be for the remainder of the year.

Meet the Teacher Afternoon
On Wednesday afternoon of THIS week ie 11th March, we will be holding a “Meet the Teacher” afternoon for years 1 to 6. Kindergarten’s meeting will be held on THURSDAY afternoon 3:30pm to 4.00pm. Teachers will provide a brief overview of class routines and what’s in store for 2015.

If your child is in 1/2O you are welcome to attend a session at either 2:50pm-3:20pm or 3:30pm-4:00pm.

For all other grades (Years 2-6) there will be 2 half hour sessions: one beginning at 3:30pm the other at 4:00pm.

Please note these meetings are NOT to discuss individual students. If you require an opportunity to discuss your child, please make an appointment to see your child’s teacher. This can be done by contacting the school office at any time throughout the year.

Please return the form later in this newsletter to indicate your intention to attend and instructions for end of day dismissal for your children.

Assembly
Our first formal assembly for this year will be on Friday of this week ie 13th February. Our Student Representative Councillors and the House Captains and Vice House Captains will receive their badges at this assembly. All parents and friends are welcome to attend.

Also I would like to remind parents that our canteen sells coffee and muffins at the end of the assembly.

House Captains & Vice Captains

<table>
<thead>
<tr>
<th></th>
<th>Capts</th>
<th>Vice Capts</th>
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<tbody>
<tr>
<td>Taylor</td>
<td>Holly Wheeler</td>
<td>Hayley Andrews</td>
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<td></td>
<td>Jason Saul</td>
<td>Mitchell Coop</td>
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<td>Phillip</td>
<td>Tristan Cooper</td>
<td>Joel Crockford</td>
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<td>Sarah Bidner</td>
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<td>Arika Matheson</td>
<td>Demi Perrin</td>
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<td>Hunt</td>
<td>Brad McAlister</td>
<td>Mitchell White</td>
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<td>Brooke Russell</td>
<td>Indigo Kassel</td>
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</table>
Invitation to attend - Weaving the Net

Last Wednesday I attended a consultation meeting for Weaving the Net, a community development project in the Macleay Valley which will focus on issues of child protection. The meeting was the first in a series of workshops which will run this year to enhance the safety net that is provided to children and vulnerable members of our community. The flyer for the workshops is attached to this newsletter and community members are encouraged to attend. The success of the program rests on community engagement. The program is free and catered and Certificates of Attendance will be awarded at the completion of each workshop.

Aimee Ransom

Australia, The Story of Us

Next Sunday night, Channel 7 will screen a new series entitled “Australia, The Story of Us”. Associated with this series is an online competition for students in years 4, 5 and 6. There will be 10 student questions each week, either multiple choice or True/False, plus a bonus question for parents. To be involved in this challenge, students need to register, with parental consent, at the Yahoo7 website. It would be great if all our students in years 4, 5 and 6 could participate.

NUTS ARE NOT WELCOME

Please ensure that all food that comes to school is nut free, (including muesli bars etc). We do have some students who have a severe allergy to nuts.

Whilst we cannot guarantee that the school is “nut free” we ask that ALL Parents ensure that lunchboxes are nut free. Students are NOT allowed to share food due to the possibility of food allergies.

Please label all lunchboxes and drink bottles with your child’s name as sometimes they are left in the playground and forgotten for days!

Mrs Bradshaw
Principal

News from Kindergarten

Last week was a very busy one and I’m sure a lot of our new Kinders were very tired by Friday. This term, Ms Ransom and I have decided homework will consist of sound work, sight words and home reading. This will start coming home next week.

Thank you to Jasmine Fernando for the donation of polystyrene hearts for use in our art and craft activities.

Finally, can anyone send in empty 1.25 litre bottles which we use as water bottles in our room. That's all for this week and I look forward to meeting everyone at Meet the Teacher this week.

News from 3/4R

I am looking forward to catching up with parents on Wednesday afternoon. Please come along and I will explain classroom routines, rules and expectations. If you are unable to attend on Wednesday afternoon, please make an alternative appointment time, or send in a note, telephone the office or email me on robyn.rose4@det.nsw.edu.au. It would be great to touch base before the end of first term.

Homework was set and sent home today. Each child has a homework grid and their spelling list words. Please encourage your child to complete 8 out of the 12 activities. They can complete the entire grid if they would like.

Home Reading is progressing slowly and I encourage all students to read nightly and write a sentence, in their reading journal, about what they have read. A sentence in their own words after reading for 10-15 minutes is all that is required.

Our class Library day is Wednesday. They also have Mrs Evans each Wednesday for Library and a session on History.

News from 1/2O

I hope to see many of you this Wednesday afternoon in the 1/2O classroom at 2.30pm for a meet the teacher information session. Thank you to all the parents and carers who have been reading regularly with their child. This term we will be focusing on Positive Relationships as our focus for PDHPE. We will be discussing and learning about interacting with others, following instructions and rules, and making friends.

Our school discipline code is based upon our 3 B’s. They are:

Be Respectful
Be Responsible and,
Be Safe.

Our students are reminded that we expect the 3B’s to be practiced by them in the classroom, on the playground, on excursions, on the bus and in life in general.

Please find a poster of the 3Bs later in this newsletter for you to place on your fridge or to display in another prominent place at home!

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Mrs Bradshaw
Principal
**Library News**

Weekly library classes have resumed and the timetable is as follows:

- Monday: 2/3W
- Wednesday: 3/4R and 1/2O
- Thursday: 5/6H and Kinder
- Friday: 4/5A

Library books may be returned during the weekly library lesson or daily during lunch times. Students may also borrow during lunch times.

Please remind your child/children to return borrowed books on time and to bring a library bag to protect the books. Library bags are available from the office at a cost of $10 however a pillowcase will work just as well.

Already many students are using the library during the lunchtime break to read, draw, play games and use the computers. Once the library monitors are organised there will be daily activities for students to be involved in.

**Don’t forget you can purchase a library bag from the office for $10 – these library bags are made of heavy material and has our school logo screen printed on it.**

**History and Science Lessons**

This year I will be taking each class for 1 ½ hours each week in addition to the half hour library lesson. During Term 1 the lessons will have a history focus in line with the new History Syllabus and during Terms 2, 3 and 4 the lessons will focus on science and technology.

The History Syllabus identifies essential knowledge, understandings, skills, values and attitudes and outlines clear standards of what students are expected to know and be able to do K-6.

Teaching will focus on the historical concepts of Continuity and Change; Cause and Effect; Perspectives; Empathetic Understanding; and Significance. Lessons will allow students to come to understand that information may be drawn from the physical remains of the past as well as written, visual and oral sources of evidence.

As many of you may know the 25 April 2015 marks 100 years since the Australian and New Zealand soldiers, known as the ANZACs landed at Gallipoli and began the ANZAC legend. Students will investigate and study the impact on Australia today of this part of our history and how we commemorate as a nation.

**SRC**

The students elected to the 2015 Student Representative Council (SRC) will be inducted at this Friday’s Assembly. They will make their pledge and receive their SRC badges. We warmly invite parents, family members and friends to attend and be part of this very special day.

The SRC students have already met to plan the assembly and organised their roles. They are very excited and some have already come up with many ideas to improve the school for students and to help with fundraising.

The SRC students will participate in fortnightly SRC meetings which will include the development of leadership skills. These sessions will focus on a number of areas including how to run a formal meeting, communication, public speaking and problem solving. Later in Term 1 they will also be participating with students from other schools in the valley in a leadership training day at one of the high schools. This is an initiative of the Macleay Community of Schools (MECS) and has been very helpful in developing leadership skills and confidence in the past.

**Getting to know your SRC**

Name: Kalinda Larkins  
Age: 12  
Favourite Colours: Pacific Coast and Purple  
Favourite Food: Ice Cream especially Mango  
Hobbies/Interests: Shopping, being annoying, taking selfies, playing netball, dancing, singing, hanging out with friends and much more.  
A bit about me: I’ve been at Fredo School since Kindergarten and I love this school so much and I’m glad to represent a great school in my last year.  
What I love to do at home: At home I love to play my guitar, write songs, hang out with friends, ride my bike, do doh vinci, playing music really loud and mucking around.

As an SRC leader I am looking forward to working with students and staff to fundraise for the school.

Mrs Evans  
Assistant Principal / Librarian
**PARENT INFORMATION SESSION**

Parents Names: ______________________________________________________

Yes I will be attending the following sessions: ____________________________

No I will not be attending the Parent Information Sessions.

Child’s Name: ________________________________________________________

My children will be:   Catching the bus home as normal

Staying at school and waiting for parent

Walking home as normal

(please circle which applies to your child or children and return to school ASAP)

---

**A Canteen Message**

Some students are not handing their lunch orders in until recess. All orders need to be to the canteen no later than 9.30am – if Tracey is not there the students need to place the order in the mail box provided.

**NO LATE ORDERS PLEASE**

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<thead>
<tr>
<th>CR A N S T E E N</th>
<th>TERM 1  2015</th>
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<tbody>
<tr>
<td>Week 3</td>
<td></td>
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<tr>
<td>9th February</td>
<td>Lanie Dolezal</td>
</tr>
<tr>
<td>10th February</td>
<td>CLOSED</td>
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<tr>
<td>11th February</td>
<td>Jasmine Andrews</td>
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<tr>
<td>12th February</td>
<td>Amelia Bidner</td>
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<td>13th February</td>
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<th>CR A N S T E E N</th>
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<tr>
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<tr>
<td>18th February</td>
<td>Kylie McGarrigle</td>
</tr>
<tr>
<td>19th February</td>
<td>Michelle Fuller</td>
</tr>
<tr>
<td>20th February</td>
<td>Allyson Low</td>
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**Fredo Soccer**

The Frederickton Sports Club will be holding soccer registration days on the 14th and 21st February at the Frederickton News agency from 10.00am till 1.00pm.

Come down and register your child.

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**P & C MEETING**

9th FEBRUARY 2015

6.00PM START – SCHOOL LIBRARY

COME ALONG AND SHARE SOME IDEAS

EVERYONE IS MOST WELCOME

---

**SPINACH & FETTA TRIANGLES WITH SALAD $5.50**

**SPINACH AND FETTA TRIANGLES $1.50 each**

**BAKED POTATO WITH SPAGHETTI SAUCE $2.50**

**BAKED POTATO WITH CORN & HAM $2.50**

---

**Rock Star Award** in the canteen. Students who order something new and fresh off the blackboard will be in the running to receive a canteen voucher to be used the following week off the blackboard menu. Last week’s winner was JAMES MOULTON (KINDER).

James please see Tracey in the Canteen.

---

**Come & see what’s NEW at Curves**

NEW & improved circuit equipment

NEW Body Basics classes

NEW protein bars

UPGRADED CurvesSmart personal coaching system

PLUS MORE!!!

Join during February and mention this ad and we will waive the regular joining fee

Phone: 65622884

---

**Spinach and Fetta Triangles $1.50 each**

**Baked Potato with Spaghetti Sauce $2.50**

**Baked Potato with Corn & Ham $2.50**

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**Spinach & Fetta Triangles with Salad $5.50**

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**P & C MEETING**

9th FEBRUARY 2015

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---

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Phone: 65622884
**Community Announcement**

_Netball is starting_

FREDERICKTON SPORTS CLUB INCORPORATED

Registration days: 11/2/2015 & 18/2/2015 4-5pm

COMPETITION COMMENCES 28/2/2015

ALL AGES CAN JOIN IN THE FUN.

TRAINING IS WEDNESDAY AFTERNOONS 4PM TO 4:45PM AT THE SPORTS FIELDS IN FREDERICKTON.

ANY ENQUIRIES PLEASE PHONE SANDY 6566 8307 OR BELINDA 65668 876

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**Fredo Kids Club starts back this week - Wednesday the 11th February.**

From 3.30pm to 5.15pm at the Christian New Life Centre.

For kids from years 3 to 6. Cost: A gold coin per child.

We will again meet the kids after school and walk with them to the Centre.

For any new child wanting to come they will need to have a parent or Guardian to sign them in for their first time.

The contact number for the Centre where the Kids Club operates is: 6566 8043.

Or for any other info please call David or Ros on 65668995.

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**Frederickton OOSH**

I would like to thank all parents and children for a great summer holiday. We had some hiccups due to the rain but everything ran smoothly.

We are now taking bookings for before and afternoon care. Our hours of operation are 7.00am – 9.30am (before school care) and 3.00pm – 6.00pm (after school care). Breakfast and afternoon tea is provided.

For more information or enquiries please contact Kate on 0447 62 63 87.

---

**Vogue Performing Arts Academy**

**Enrol Now 2015**

**Registration Day at the Vogue Studio’s**

5 VERGE LANE, KEMPSEY (NEXT DOOR TO ULTRALTUNE)

2:00pm to 5:00pm Saturday 24th January 2015

4:00pm to 6:00pm Friday 30th January 2015

*BALLET R.A.D.* ★ *ACRO DANCE B.B.O* ★ *CONTEMPORARY DANCE*

*JAZZ DANCE B.B.O* ★ *CHEERLEADING* ★ *TAP DANCE B.B.O* ★ *MUSIC*

*GYMNASTICS* ★ *DRAMA* ★ *MUSICAL THEATRE* ★ *SINGING*

come & see why students love it at Vogue

Mobile: 0456 808 022

facebook.com/vogueperformingartsacademy
Be Responsible

- Follow the teacher's instructions
- Care for others' belongings
- Contribute to keeping the school yard clean
- Put rubbish in the bin

Be a Lifelong Learner

- Be SAFE
- Be RESPONSIBLE
- Be RESPECTFUL

Be Respectful

- Use polite language and tone towards peers and teachers
- Practice good manners
- Use school and personal equipment
- Consider others' feelings, right to learn and property in all that you do
- Wear uniform

Be Safe

- Walk hands to self
- Remain in bounds
- Use equipment safely
Weaving the Net

Weaving the Net is a community development program that aims to provide community members with accurate information about child sexual abuse, child abuse and family violence.

Aboriginal educators with experience in working with children, young people and families that have been affected by these types of violence, deliver the Weaving the Net program.

Agencies in the local area are also invited to participate so that they can assist in providing services to the community. The involvement of community members and service providers is integral to the success of the program.

The only way Weaving the Net can be delivered into a community, if that community or a group of interested community members requests the program.

The advocacy and approval of Elders and key community members is sought to ensure adherence to local Aboriginal community protocols throughout the program.

NOTE: Morning tea, lunch and afternoon tea will be provided.

WTN—Consultation
Date: 03-04 February 2015 \{AB013-80358\}
Venue: Kempsey
Time: 9:00am to 4:00pm
Trainers: Pam Greer | Ivan Clarke | Rowena Lawrie

WTN—Opening forum—Workshop 1
Date: 24-26 February 2015 \{AB014-80369\}
Venue: Kempsey
Time: 9:00am to 4:00pm
Trainers: Pam Greer | Ivan Clarke | Rowena Lawrie

WTN—Understanding child sexual assault—Workshop 3
Date: 21-23 April 2015 \{AB016-80416\}
Venue: Kempsey
Time: 9:00am to 4:00pm
Trainers: Pam Greer | Ivan Clarke

WTN—Understanding domestic violence in Aboriginal communities—Workshop 5
Date: 02-04 June 2015 \{AB018-80449\}
Venue: Kempsey
Time: 9:00am to 4:00pm
Trainers: Pam Greer | Ivan Clarke | Rowena Lawrie

WTN—Skills in child protection—Workshop 2
Date: 17-19 March 2015 \{AB015-80391\}
Venue: Kempsey
Time: 9:00am to 4:00pm
Trainers: Pam Greer | Ivan Clarke | Rowena Lawrie

WTN—Keeping our mob safe—Workshop 4
Date: 12-14 May 2015 \{AB017-80433\}
Venue: Kempsey
Time: 9:00am to 4:00pm
Trainers: Pam Greer | Ivan Clarke | Dale Tolliday | Cathy Want

WTN—Closing Forum—Workshop 6
Date: 17-18 June 2015 \{AB019-80458\}
Venue: Kempsey
Time: 9:00am to 4:00pm
Trainers: Pam Greer | Ivan Clarke | Rowena Lawrie
# Course Application Form

**Course Name:** Weaving the Net  
**Target Group:** Aboriginal communities wanting to know more about how to protect kids from abuse and family violence and how to promote a child friendly community  
**Trainers:** Pam Greer, Ivan Clarke, Rowena Lawrie  

<table>
<thead>
<tr>
<th>Course No.</th>
<th>Course Name</th>
<th>Course Date</th>
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<td>AB017-80433</td>
<td>Keeping our mob safe</td>
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<tr>
<td>AB018-80449</td>
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<tr>
<td>AB019-80458</td>
<td>Closing Forum</td>
<td>17-18 Jun 2015</td>
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**Location:** Kempsey  
**Cost:** NSW Aboriginal community members and workers FREE  

---  

**Surname:**  
**First Name:**  
**Gender:**  
**Date of Birth:**  
**Job Title:**  

**Employer:**  
**Employer Type:**  
- Non-Govt Organisation ☐  
- Other Govt ☐  
- Local Health District ☐  
- Specify:  

**Employer Address:**  
**Suburb:**  
**State:**  
**Postcode:**  
**Phone:**  
**Mobile:**  
**Fax:**  

**Email:**  

**Do you identify as:**  
- Aboriginal ☐  
- Aboriginal & Torres Strait Islander ☐  
- Torres Strait Islander ☐  
- Non-English speaking background ☐  

**Please specify access/mobility requirements:**  

**Your country of origin:**  
**Primary language spoken at home:**  

**Three things most wanted from this course:**