Principal’s Message

School Camp
Our senior camp is currently underway! Mrs Henderson, Ms Adams and Mrs Felten have a fun-filled week ahead of them as our senior students engage in a fabulous week of learning and adventure at Morisset. I am sure our students will have a great time.

Kindergarten Transition
Our Kinder Transition Program will operate on November 3rd, 4th and 5th. We would love to have every kinder child attend this fabulous program.

Spring into Art: - 22nd October until 31st October at Gladstone Art Gallery.
This is another Macleay Community of Schools activity and was the most successful art exhibition at the Gladstone Gallery last year. Please take the opportunity to visit the exhibition and witness the high quality of artwork created in our local public schools.

Swimming School - 23rd November-4th December
Our annual swimming program is being organised. All students in Kindergarten and Year 1 must attend this program.

All spots available for the students in Year 2 to Year 6 now have been filled.

Please ensure payments are finalised prior to these dates.

Premier’s Reading Challenge Sausage Sizzle
On Friday all students from 2/3W and 3/4R enjoyed some fun games and a sausage sizzle. The sausage sizzle was in celebration of the fact that all students in both classes completed the PRC challenge. This was a huge accomplishment. Well done students!

Count Us In
Frederickton students will again be participating in the nationwide school music initiative “Count Us In”. This program, begun in 2007 now has over 500,000 students participating from over 2,100 schools. The purpose of the initiative is to support the delivery of music to classrooms and the importance of music to our lives. This year the song is “Gold” which was the finale at our recent Spectacular. All students and staff will gather in the hall to sing the song together at approximately 1.00pm this Thursday.

Remembrance Day
Our school will again be holding a Remembrance Day service at the school cenotaph on 11th November (Wednesday Week 6). We would love to have you join us at this special time of remembering and honoring.

Library Books
It is rewarding to see so many students still borrowing regularly from the library. Parents please remind them to return their books on time in a library bag and to see me if there are any problems.

Mrs Evans

Upcoming Events
Kinder Transition: 2nd, 3rd, 4th November
Jump Rope For Heart
Life Education: 16th to 18th November
Star Badge Final Treat: Pool Party: 20th November
Year 6 Graduation & pool party – 10th December
Presentation Assembly – 14th December
Last day of 2015 for students – 16th December
Congratulations to Brayden and Jason on receiving the Citizenship Awards at last Friday’s assembly.

1/2O News
We are very excited and thankful about the new learning table we received in our classroom on Friday morning. We have already begun using it for our reading and maths groups.

This week O Class will be going to the Library on Friday (not Wednesday) with Mr Ingram just for this week (Week 4).

KD Class News
It is wonderful to be back at school with all these clever kindergarten children. Good to see that they have been doing their homework and readers. Remember to empty their pouches out tonight and to send them along every day. The exciting news is that we have changed our room around and we have fancy new tables and chairs.

Positive Behaviour for Learning (PBL) News
Congratulations to 4/5A for winning the 4B award for the class with the best assembly manners. We hope you enjoy the winner’s trophy.

This fortnights PBL focus is ‘We are cyber safe’. Technology is well and truly embedded in our lives and it is crucial that our children understand good netiquette and how to stay safe on-line. 3/4R has prepared a PowerPoint presentation which will be discussed in classes over the coming week. The main points from their presentation are;
1. It’s OK to tell. It’s important to ask. Adults are here to help you.
2. Block or delete phone calls, text messages or unknown sites or people.
3. Tell an adult, trusted friend, teacher or the police, if you are being cyber bullied.
4. Don’t put personal information on-line and don’t talk to cyber strangers. Don’t chat, text or respond to unknown sites.
5. Call Kids Helpline on 1800 55 1800 for advice.
Please discuss these important points with your family to help keep all children safe.

Fredowood Idol
In keeping with our Spectacular theme of 'Fredowood', this term will see our annual idol event rebadged as 'Fredowood Idol'. We again look forward to seeing the wonderful creative talents of our students showcased. The performance will take place on the 11th December 2015 at 11:45am.

Eye Screening
Next Thursday 5th November we will have an optometrist visit the school to conduct free eye screening as part of the Kindergarten Transition Program. Kindly, the optometrist has also offered to screen any other children within the school community at this time. If you would like your child screened please contact the school and we will arrange a permission note to go home. N.B. There are limited spaces available for eye screening.

YEAR 6 PARENTS/CARERS
It’s that time again – Year 6 DVD. Could you please send in baby photos, any old school photos of Year 6 students 2015 etc so they can be scanned and possibly used for the Year 6 DVD ASAP.
3/4R News
This week our library day will be Friday. Students can return and borrow books any day during lunch time they do not need to wait until Friday.

We thoroughly enjoyed the sausage sizzle and games/disco on Friday to celebrate with 2/3W the Premier’s Reading Challenge reward. Thanks Mrs Evans.

Five of our classmates headed off this morning to join the senior school camp. We look forward to hearing about their adventures.

Congratulations to Keira Morn, Cooper Hawken and Leif Bisnar for receiving class awards at last Friday’s assembly.

This week we will continue our maths learning; reading timetables and timelines and experimenting with 24 hour time. Our Geography unit comparing the vegetation and climate of Australia to China continues over the next few weeks.

Homework is due this Friday and I encourage all students to complete as much as they can, of the homework grid and nightly Home Reading.

We are enjoying class gymnastics and improving our skipping skills. Please encourage your children to skip at home and collect as many sponsors for the Jump Rope for Heart fundraising.

Canteen Specials this week
Pumpkin, Mushroom & Feta tart $4 or with salad $6.50

Kindergarten 2016 Transition Program
Save the Date
The Kindergarten transition program will be held on Tuesday 3rd to Thursday 5th November.

A parent information session and morning tea will be held on Wednesday 4th November.

All sessions will run from 9.20am to 11.20am.

If you have not contacted the school regarding enrolment of your child please do so as soon as possible so that you do not miss out on this information.
Jump Rope for Heart 2015

Today each child will be given a sponsorship form for 2015.

Every second year our school raises money for the very worthwhile Heart Foundation.

The children are asked to involve family members, friends and neighbours so that money can be raised by Friday 6th November.

Please encourage your children to take part in this important fundraising effort. There is a fun healthy living calendar that they can cut out for the fridge and start using straight away. Today can be Day 1.

At school, the children will be skipping at lunchtimes and as part of P.E./sport.

On Friday 6th November we will have our school JUMP OFF DAY where all children in the school will have the chance to perform individually, in pair’s, a small group and with their whole class. We hope that this term will be a healthy fun term of skipping for all students.

Please encourage your children to start collecting names on their sponsorship forms straight away. All sponsorship forms and money need to be returned on JUMP OFF DAY or no later than Friday 13th November.

Thank you for your support!

Mrs Donnelly
Jump Rope for Heart Co-ordinator

Whooping cough information for schools

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children. Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.

- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.

- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information on whooping cough.
Frederickton Hall Committee is having a.........

HALLOWEEN
FANCY DRESS
Disco

Date: Friday 30th October 2015
Place: Frederickton Community Hall
Start: 7.00pm
Cost: $3 children, $5 adults and high school students.

N.B. Children under 10 years MUST be accompanied by an ADULT

Chips and drinks will be for sale. There will be small prizes for SCARIEST COSTUME, CUTEST COSTUME – UNDER 5 YEARS, BEST BOY, BEST GIRL, and BEST ADULT.

Hope to see you all there for a frightfully fun night of ghoulish entertainment.

Curves

Pay only $10 to join during October and your $10 will be donated to the Cancer Council’s Pink Ribbon Appeal

For a FREE tour & fitness assessment
Phone: 65622884
Curves Kempsey
Aurora College
The virtual selective school for rural and remote students

Aurora College is NSW’s first virtual selective school, offering a mix of online and residential school classes. The school provides innovative, flexible learning in a whole new context, allowing students to connect locally and learn globally.

Aurora offers selective classes in English, mathematics and science to gifted and talented Year 7-10 students from rural and remote areas across NSW. Students connect with their teachers and classmates in timetabled lessons through a virtual learning environment.

The college also gives Year 11 and 12 students the opportunity to study subjects not available in their own school. For details please visit our website.

Aurora College offers students expanded career options through innovative partnerships with businesses and with scientific, cultural and tertiary education institutions.

Students in the selective stream are chosen in the same way as students in all other selective classes in NSW government schools.

Applications for entry to Year 7 in 2017
OPEN 13th OCTOBER 2015 AND CLOSE ON 16th NOVEMBER 2015

Visit Selective High Schools website

For further information about Aurora College, visit the our website
www.aurora.nsw.edu.au | or phone 02 9886 7560